



SHWET YOGA'S ADMISSION FORM

PERSONAL DETAILS:

Full Name: _____
(Surname) (First Name) (Middle Name)

Gender: M / F

Permanent Address: _____

Postal Address: _____

City: _____ Nationality: _____

Phone No.: _____ Passport No.: _____

Email Address: _____

Date of Birth: ___ / ___ / ___ Age: _____ Years: _____

Occupation: _____

Details of Academic Qualification:

Special Skills / Hobbies:

Miscellaneous details: Please provide details of the following:
(If so, mention them.)

1. Any history of injuries (such as back, ankle, knees, neck, shoulders, bones, joints etc.)
2. Any history of illness (Such as High / Low BP, Heart Disease etc.)
3. Advice from doctor not to perform any form of physical exercise.
4. If practiced yoga, mention styles and duration of the course.
5. Would you like to be include in our e-mail list?
6. How did you come to know about Shwet Yoga?

Disclaimer & Signature

I, hereby _____ declare that I am signing up for this yoga class on my own accord. I undertake that I will

- Exercise all precautions advised by the Instructors during the yoga course.
- Not go beyond my own physical limits during yoga practice.
- I will NOT hold the Instructor of Yoga connections legally responsible for any liability or danger, in case of injury during the course of practicing yoga.

Application Package List

Before sending your application package to us, please check that you have included all of the following items:

1. Complete filing of the Application Forms.
2. Certificates of Educational Qualifications.
3. Proof of Date of Birth.
4. Two Passport Size Photographs.
5. Processing Charges: Rs 500/- (Indians only)
6. A Self- Addressed Envelope.
7. Medical Certificate (to be submitted on registration).